Kiangsu-Chekiang College (Kwai Chung)

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This year, two of our amazing students, Galia Lee (1C) and Alex Chan (2C), represented the school in Canadian Writing Competition. The students whipped out their best writing skills and delivered as they progressed through each round. In the end, Galia won the gold award while Alex bagged the silver award. Have a look at their original winning pieces below!



Topic: Should magazines be required to use models who are more healthy-looking? Give your opinions.

You may have seen a magazine before. Ones that have pictures of actors or models promoting products and collaborations with advertisers that are very prestigious in their reputations. What if healthy-looking models are the only genre to be on magazines? Putting healthy-looking models in magazines that promote bodybuilding or guides on weight loss may benefit us, but some magazine publishers promote shady weight loss programs or supplements that don't benefit us and only drain our wallets.

I disagree that magazine publishers should put healthy-looking models on magazines only. As other models that don't look very healthy are overlooked by publishers. I believe that all publishers should have their choice of models. Some want to have news on famous celebrities while some may want to promote other genres of models.

The second reason I disagree that publishers should only have healthy-looking people in their magazine is that the magazine publisher will have to pay more to get models on their magazine to promote products, which reduces their income. It's a loss to the magazine industry if only healthy-looking people can be on the magazine cover.

The third reason is that the promotion of products that are intended to scam people. This reason is tied to the second reason as magazine publishers would need money to combat their increased expenses. So, they'll reach out to any advertisers including shady businesses. Buying these products is a waste of money and sometimes, the products contain chemicals that cause cancer and other illnesses. It can also harm the publishers' reputation and will instead lower their revenue.

The fourth and final reason is that all other genres will also lose revenue. Some genre that focuses on recent events in the acting or celebrity genre will focus on healthy-looking models. Other genres that don't revolve around acting and models can cease to exist. This can only make the industry bankrupt later on as only one genre cannot satisfy the readers.

However, there are some benefits to it. The promotion of bodybuilding and weight loss meant that people would buy legitimate products to become healthy. The bodybuilding genre could expand more freely. Magazines are a treasured thing from the 80's. We should keep them the way they are and not only require healthy-looking models only. People like pop singers and actors also belong to the magazine as well.

To conclude, only requiring healthy-looking people in magazines is a devastating blow to the industry itself as other genres, like pop culture and others will cease to exist.

Chan Hei, Alex (2C)

From my perspective, magazines tend to select models who are neither suffering from malnutrition or severe eating disorders that causes the audience to perceive themselves as obese, causing them to develop insecurities for not being suitable towards society's standards. I don't think people have the similar vision as me on how dangerous this could be towards a person. That's why magazines should require models who are more healthy-looking.

Let's look back at the history towards society's standards towards body shape. Around 1950 to 1960, overweighted bodies were perceived as well-nourished and wealthy both at the same time, people wouldn't be shamed for having different body shapes and models were well-fed. Gradually around the eighties, models were notorious for having bodies that are considered as "boy-ish" with a feminine aura, it was labelled as 'heroine chic', they had no curves and would purposely manifest smaller chests. Despite abundant body changes they had to make; models were still comfortable with their body shapes. Until the nineties to twenties, which hourglass body shape were ideal and perceived as the most pulchritudinous figures. Model would intentionally starve themselves to feel one with society's community, some of them would even use corsets to excruciatingly shift their body into an hourglass shape. Can't we see hoe corrupted society has become? We shouldn't ever label our bodies as a fashion statement.

In addition, let's use the audience's perspective. Do you know people would intentionally starve themselves for days to lose weight? They would go on a dangerous diet plan to look like the models you see on magazines, including only digesting one ice cube a week merely to feel as if you'll be infatuated by everyone surrounding you. Not only will it deteriorate your health, it'll also cause you not to be properly educated on how to manage a healthy body. That's scarcely all, abundant people would go above and beyond to get surgery to lessen body fat, despite it actually working, it'll leave a permeant scar on your body. Making the mistakes you made always be remember as long as your alive.

If companies started operating models with healthier-looking bodies, think about all the benefits it could've done to society. Models wouldn't starve themselves till they're ravenous nor feel the pressure of maintaining the 'perfect' body to feel accepted towards others. They won't be corrupted by the toxic community, yet their probably wouldn't even be a toxic community. Audiences wouldn't need to go on a frenzy diet just to look like a model, it'll let them gradually be educated on maintaining a healthy figure without being shamed by society, causing the, to finally feel confident in their own body. People can understand that the catchphrase 'pain is beauty' is just incorrect and they should love themselves more often.

Lee Hay Yuen, Galia (1C)



Speech Festival 2023



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We are delighted to share the wonderful accomplishments of our students at the 74th Hong Kong Schools Speech Festival (2022) – English Speech. A total of 37 students from F.1 to F.6 enthusiastically participated in three categories: Solo Verse Speaking, Duologue, and Shakespeare Monologue.

The dedication and hard work of our students and teachers paid off tremendously, as they achieved remarkable results. We are proud to announce that two of our students achieved the first place in Duologue, showcasing their exceptional talent and commitment. In addition, we are excited to share that one of the participants earned a second place, making it even more impressive, as this was the first time we had participated in Shakespeare Monologue.

The remaining students displayed their enthusiasm and skills with esteemed Merit and Proficient recognitions, demonstrating their exceptional abilities and dedication to their performance.

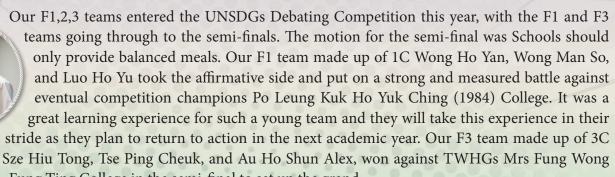




This house believes that this year has been the most fruitful year for the KCCKC English Debate Club

in recent years. This year was the first year where debate competitions across Hong Kong have resumed to a live debate competition and it is also the first time the debaters have entered a live debate match.

With the success in the UNSDGs Debating Competition in the previous year, the KCCKC English Debate Club has expanded to 3 teams spanning the junior forms with 10 members.



Fung Ting College in the semi-final to set up the grand final against Yu Chun Keung Memorial College No. 2 at City University. The motion for the final debate was Scientists are more important than artists, and KCCKC was the negative side. With both schools providing strong and well-supported cases, KCCKC could only return as the 1st runner-up with Alex taking the Best Speaker award.



Last July, two of our students, 3C Au Hou Shun Alex and 2C Chan Hei Alex, bravely took upon the challenge of competing in the New Territories Joint-School British Parliamentary Debating Tournament (NTJSBP). This was a challenge because it was a format entirely new to both boys. With grit and determination, our two debaters painstakingly took their time in preparing for the competition, along with the great support provided by our F1 debaters. To our delightful surprise, our hard work paid off, with our students entering the finals and returned as the 2nd runner-up of the competition.

The coaches, Mr Tsang and Mr Mike, would like to congratulate our young team for their hard-work and achievement. To put in hours after hours into research and be able to put together arguments in such meticulous manner were a proud moment for all the teachers in KCCKC.









Introduction to New Teachers and the NET Team

Miss Ivy Kwok

Birthday: 11 July

What Ms. Kwok is interested in...

K-pop, K-drama, anime, movies, travelling and mayonnaise

1. What is your dream vacation?

A family trip to Japan. It is a perfect way to relax with nice views, delicious Japanese cuisine and my loved ones.

2. What are your must-have smartphone apps?

Netflix, absolutely! Life without movies is boring. I can spend a whole day watching movies on Netflix. And I am terribly bad at cooking so Foodpanda is definitely my lifesaver.



3. Is there a quote or saying that you live your life by?

'Be fearless in the pursuit of what sets your soul on fire'
- Jennifer Lee

Going after what we want can be very difficult and making a change may sound scary. However, we all need to be courageous to take a leap in order to live a meaningful and fulfilling life. That's how I motivate myself whenever I feel hesitant to try or go further.

Miss Rebecca Lu

Birthday: 13 May **What Miss Lu is interested in...** K-pop, J-pop, travelling, nature and dumplings

1. What is your favourite song?

I really like a Japanese song called ハッピーエンド (Happy End), which is a

song of the Japanese band 'Back Number'. This song is the ending song of a Japanese movie in 2017, so its melody and lyrics reveal a dramatic encounter between the two main characters and a bad ending at the end of that movie (although the song's name is Happy End). Therefore, this song can really give me some images when I listen to it. Also, this is the song that I kept repeating for about a month when I went to Switzerland for an exchange tour. Every time I listen to it, it brings me back to some treasured memories.

2. What was your dream job when you were a kid?

I dreamed of owning a small coffee shop with some wooden furniture, two cats, and nice decorations where it can become a cozy spot for people to enjoy their time. People could enjoy some homemade coffee and desserts there.

3. What kind of wisdom do you want to pass to your students?

Probably the wisdom of dealing with uncertainty. I noticed that my students struggled a lot when they found that everything in Form 4 was new to them: new exam format, new vocabulary, new requirements in their English writing, etc. However, the truth is, in each of our life stage, we always have to combat the stress of uncertainty, and the stress of uncertain pain is always greater than the stress of certain pain. Therefore, if it is possible, I would like to pass the wisdom of dealing with uncertainty to my students and help them overcome those difficulties in life with an open heart.

Our Native English Teacher (NET) Team

Our school believes in providing the students with the best opportunities to excel in English language learning. To achieve this goal, we are proud to have a dedicated NET team, consisting of three highly qualified and experienced teachers, namely, Mr. Tsang, Mr. Mike and Ms. Lilian. With their expertise and passion for teaching, they play a pivotal role in establishing an Englishrich environment and helping students improve their English proficiency.



A main duty of the NET team is to teach English elite classes in junior forms, providing students with an immersive learning experience and enabling them to develop stronger language skills. In addition to classroom teaching, our NET teachers take an active role in organizing English activities which are designed to make English learning more enjoyable and interactive and encourage students to practice their language skills in relaxed, real-world scenarios. Through games, discussions and group activities, students not only build confidence in speaking English, but

also foster a love for the language beyond the classroom.



Other notable contributions of our NET teachers include training the English Debating Team and helping with staging the annual school musical. Rigorous training and competitions help nurture our student debaters' teamwork, critical thinking and research skills, while the school musical is a highly anticipated event that brings together students, teachers and parents. Student performers have a chance to explore their passion for performing arts while sharpening their English language skills.

Saturday Day Camp

To enhance and enrich the English language learning experience in KCCKC, our F1 and F2 students took part in the Saturday English Day Camp. The students were able to choose activities of their preference from a wide array of choices. Some of our students explored their creativity through the ceramics, crochet and calligraphy workshops while others explored their athletic potential by joining the flag football camp and yoga classes.















Lunchtime Activities











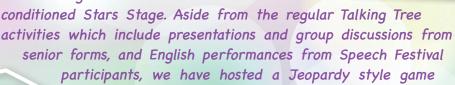
It has been over 3 years since we've had a full year of uninterrupted school days. The English department and the NET team were able to offer a full year of diverse activities outside of lessons.





The highlights of the lunch time activities were the Halloween and English week. Many game booths were designed to bring engaging English activities to all students in KCCKC.

With the renovation of the canteen to include the new Stars Stage, we have moved all regular lunch time activities to the air-



show for the junior forms this year. With amazing feedback from the students, we have committed to hosting regular game shows for more students in the coming year.







Field Trip: SHREK the Musical

Some of our F1 and F2 students went on a field trip to watch the highly acclaimed Shrek the Musical produced by Face Productions. For most of them, it was their first time to experience an English musical. Here are some of the thoughts of our students.

From my perspective, Shrek the Musical is a hysterical yet remarkable production with talent that advances once in a lifetime. The abundant number of abilities these young actors and actresses put on for such a pre-eminent show while displaying their characters' charm is



enough to drive a person over the moon. With every musical number, it's evident they persevered with it as these characters come to life with a variety of emotions as if there's no tomorrow. On the other hand, it would've been more captivating if they showed more suspense throughout the entire musical to let the audience be eager to observe what happens next. For example, in the scene of Lord Farquaad and Princess Fiona's wedding, they could've built more suspense when Princess Fiona was about to say her wedding vows until Shrek crashed it by maybe even making Lord Farquaad appear to be pressuring her to say, "I



Galia Lee, 1C



The musical field trip was so unforgettable! I felt all the excitement when I finally sat down inside the theatre because I had never been on a musical trip before. After this musical trip, I have learned how to appreciate musicals even more.

Joshua Lam, 1C





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English Summer Activities 2023

In the summer of 2023, our school organized three exciting English activities for students of different forms. Firstly, the F.1-3 SDGs & World Summer Camp was extended to a 5-day event. With more than 7 coaches and guest speakers from different countries, the camp provided students with enriching activities, new skills, and a broader perspective of the world. The positive feedback from students and teachers highlighted the success of the camp.



Secondly, the Summerbridge Summer Camp catered for F.2 students who showed interest in participating. After a recruitment talk and interviews, four exceptional students were selected to join the one-month day camp with other students from the territory. They actively engaged in various activities focused on leadership development, teamwork, and personal growth, contributing to a positive and immersive learning experience.

Lastly, the Ted Talk Camp aimed to equip twenty F.1-3 elite students with public speaking skills. Through intensive training, students learned techniques for structuring speeches, using visual aids and engaging audience. They actively participated in workshops and practice sessions, preparing for their moment to shine at the Stars Stage. A panel of judges, including our NETs and professionals from various fields, evaluated the speeches and provided constructive feedback to each student, highlighting their strengths and areas for improvement.



These English activities provided students with unique opportunities to enhance their English skills, develop essential communication abilities and gain confidence in expressing their ideas. The dedication and commitment of the students, teachers, and service providers contributed to the success of these activities. Overall, these activities have fostered a positive learning environment and helped students grow both academically and personally.

